
CYCLE ACROSS OZ



ALL FEMALE RIDE

Prepared for: Female Cyclists

Prepared by: Kathy Ivey

22 September 2015

Proposal number: 1

EXECUTIVE SUMMARY

Objective

Our objective is to provide an all female cycle tour that is organised and run by a female. The ride is to be doable, manageable and enjoyable.

Goals

The goals are to include:

- adequate vehicle support.
- luggage carried by support vehicle.
- communal meals on a regular basis.
- access to cycle shops for basic mechanical support.
- all cyclists responsible for their own basic tyre repairs and bike cleaning.
- easy access to start and finish destinations.
- at least 12 cyclists booked for the ride before January 31st 2016.

Solution

The route to be planned and researched with assistance from Collis Ivey for his expertise. Another female support person to assist Kathy Ivey with provisions, lifting and daily organisation. Itinerary to be developed which is to include meal provision and rest days. Transport options to and from ride to be provided to all cyclists.

Project Outline

The ride is to commence in Wangaratta and be completed in Mildura due as easier access to these major towns.

The ride will be advertised on the Cycle Across website once organisation completed.

All past female riders will be personally invited.

The ride will be conducted late March, early April 2016.

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ITINERARY

Day 1 Sunday 3rd April 2016

Arrive in Wangaratta. Meet & greet other riders and organisers/support crew. Weigh in of luggage and camping equipment. Set up tent, ensure bike is in correct running order (bike shop in Wangaratta for any emergency repairs or assistance). Shop for any food supplies required. Dinner out tonight at local hotel as a group-supplied by Cycle Across Oz. Briefing and tour advise at dinner.

Accommodation: Wangaratta Caravan & Tourist Park. Within 10 minute walking distance to the shops and close to Rail Trail. **Undercover BBQ but no camp kitchen.**

Day 2 Monday 4th April

Wangaratta to Myrtleford. 54 kms along the rail trail. Relaxed morning, getting into the routine of packing up tents and luggage- making everything fit in again. (If any issues with your bike after travelling, then we may need to head straight to the bike shop in Wangaratta before heading off). Leave camp together around 9.30 am and head onto the Rail Trail. Follow the rail trail all the way to Myrtleford and you will be instructed as to where morning tea will be held - somewhere along the trail. Small climb of 250 metres with 200 mts downhill. Enjoy the countryside and stop off at any tourist attractions as you ride along. Late lunch in Myrtleford with lots of cafes and bakeries available or prepare your own from your food box. Dinner is on you tonight whether you go out for a meal or you cook back at camp- your decision.

Accommodation: Myrtleford Holiday park. 2 minute walk into town. Camp kitchen & BBQ area but not sure of fridge.

Day 3 Tuesday 5th April

Myrtleford to Yackandandah. 39 kms. Flat riding today. Short day so a late start would suit or an early arrival. Yackandandah is a very picturesque and historical town with arts & crafts. Lunch and dinner is up to you.

Accommodation : Yackandandah Holiday Park. **Looks like a camp kitchen.**

Day 4 Wednesday 6th April

Yackandandah to Lake Hume. 44 kms. Another short day so why don't we shout you breakfast at the bakery before leaving. Leave town around 10.30. Small climb as we leave town then mostly downhill for the majority of today and some great scenery. Lunch and dinner is up to you- we could have a communal meal tonight with everyone contributing some part of the meal and some of the cooking.

Accommodation: Lake Hume tourist park. Camp kitchen available with fridge.

Day 5 Thursday 7th April

Lake Hume to Corowa. 75 kms. Longest day so far. Leave camp around 8 am. Morning tea at McDonalds Albury (19 kms) then onto the Riverina Hwy. Lunch at Howlong (another 30kms). Cross the river and continue along Victoria's side and follow the Up River Rd to Corowa (another 26 kms). 2 minor jump ups today. Great camp kitchen but also the Corowa Hotel or Wahgunyah Hotel (just a short walk across the bridge into Vic) meals aren't bad.

Accommodation: Ball Park Caravan Park. Camp kitchen.

Day 6 Friday 8th April

Corowa. Rest Day with wineries, chocolate factories and shopping opportunities. How about a BBQ for the group with riders providing the salads.

Accommodation: as above.

Day 7 Saturday 9th April

Corowa to Barooga 73 kms. Morning tea at Lake Mulwala (35 kms along Spring Drive)- stop at lake opposite Bull Plain Road. Mulwala - Barooga Road to Barooga for 38 kms.

Accommodation: Cobram/Barooga Golf Resort.

Day 8 Sunday 10th April

Barooga to Barmah 75 kms. Riding through and past dairy farms and irrigation channels onto the Barmah State Forest with glimpses of the Murray. Not many towns to stop at today so probably morning tea on the side of the road. Barmah is a sleepy little town situated on the banks of the Murray. No camp kitchen but there is a general store for basic shopping, a cafe and a pub for meals.

Accommodation: Barmah Caravan Park.

Day 9 Monday 11th April

Barmah Rest Day: This could be a very restful day with walks and hiring of canoes, or cleaning your bikes or you could ride into Echuca and do the tourist attractions in there. I could give a few a lift into town as I will probably need to do some food shopping. I'm also very good shopping for other people so if you give me a list of your requirements I could pick them up for you.

Accommodation: As above.

Day 10 Tuesday 12th April

Barmah to Gunbower 75 kms. 30 kms for morning tea in Echuca with further directions to get through the town will be provided there. If the wind happens to be unfavourable then you should be protected a bit by the forest. Lovely walks around Gunbower checking out all the lagoons and Kow Swamp. Apparently the pub is owned by the local butcher so the meat dishes should be great.

Accommodation: Gunbower Caravan Park. Camp Kitchen/BBQ area.

Day 11 Wednesday 13th April

Gunbower to Lake Boga **115** kms (Longest Day of ride). Morning tea in Koondrook around 45 kms, keep an eye out for the peaches growing on the side of the road. Lunch break at Benjeroop which is another 40 kms down the road on the banks of Lodden River. Then we head onto Lake Boga for a night on the Lake. Probably best if we cook in tonight as the local pub is a bit limited with types of food on offer.

Accommodation: Lake Boga Caravan Park.

Day 12 Thursday 14th April

Lake Boga to Tooleybuc 65 kms. Today we ride through Swan Hill (maybe Breakfast), then through some big vineyard areas (morning tea) and into camp through mallee country, past the Ring Tree and onto the smallest caravan park in Australia. Sportsman Club for dinner tonight and I'll shout.

Accommodation: Tooleybuc Caravan Park.

Day 13 Friday 15th April

Tooleybuc to Robinvale 95 kms. Mostly riding through orchards today with morning tea at Boundary Bend. We should arrive at Robinvale in time for lunch with time to shop.

Accommodation: Robinvale Riverside Caravan Park.

Day 14 Saturday 16th April

Robinvale Rest Day. Tomorrow is our last day of riding so you could do a bit of shopping (not food please) depending on our storage capacity. Last night dinner tonight provided by Cycle Across Oz.

Accommodation: As above.

Day 15 Sunday 17th April

Robinvale to Mildura 90 kms. Riding through mallee scrub to begin with today before we head into Mildura where vineyards and orchards abound. Morning tea at the Mallee Fowl Rest Area. Celebratory dinner tonight. Packing up of bikes unless you decide to stay on for another night or two in Mildura.

Accommodation: Mildura Apex Caravan Park.

Price: \$1400.00
